

**SHILTON  
EATERY  
&  
ROSE AND  
CASTLE  
EATERY  
LUNCH  
TIME  
MENU**

This menu is available Monday to Friday  
12pm until 2.00pm  
and is not available bank holidays and over  
the Christmas period  
This menu is not available in the evenings or  
weekends

Our menu clearly states all allergens marked  
in (green) contains and (purple) may contain  
after the relevant food item it concerns, if  
you are still uncertain on any aspect of the  
menu please ask a member of staff when  
ordering

## FILLED SOFT ROLLS

Served on a soft roll (wheat sesame)

**Cod fish fingers** three cod fish fingers (fish wheat) lettuce, tomato and tartar sauce (mustard egg) £6.95

**Fresh carved ham** butter (cow's milk) lettuce and tomato £4.95

**Sausage** (wheat sulphur), melted blue stilton cheese (cow's milk), raw red onion £5.95

**Bacon, cranberry and melted brie** (cow's milk) melted brie cheese (cow's milk), two slices of bacon and cranberry sauce £5.95

**Mature cheddar cheese** (cow's milk), butter (cow's milk) lettuce and tomato £4.50

**BLT**, bacon, lettuce, tomato and mayonnaise (egg) £5.50

**Prawn** (crustacean), lettuce, tomato with marie rose sauce (egg) £6.95

**Vegetable fingers** - three vegetable fingers in breadcrumbs (rye wheat), lettuce, tomato and sweet chilli sauce £4.95

Thin chips (skin on) £5.25

Chunky chips (skin on) £5.25

**Beer battered onion rings** (cow's milk wheat barley mustard soya)  
Four £2.95 - Eight £5.50 - Sixteen £9.95

## JACKET POTATOES

A buttered (cow's milk) jacket potato served with a salad garnish

Filled with baked beans and topped with grated mature cheddar cheese (cow's milk) £7.95

Filled with tuna and mayonnaise (egg), and melted cheddar cheese (cow's milk) £8.95

Filled with homemade chilli con carne (medium hot) (celery) and grated mature cheddar cheese (cow's milk) £8.95

Filled with homemade bolognese (celery) and grated mature cheddar cheese (cow's milk) £8.95

Filled with Atlantic prawns (crustacean) in marie rose sauce (egg) £8.95

## MAINS

Meals are only served as stated below

**Sausage and mash** - three Cumberland sausages (wheat sulphur) served on a bed of mashed potato (cow's milk) and homemade gravy (celery), served with garden peas ~~£16.95~~ £12.00

**Spaghetti bolognese** - homemade bolognese (celery) on a bed of spaghetti (wheat) and two slices of garlic bread (wheat cow's milk) ~~£16.95~~ £12.00

**Homemade steak and mushroom casserole** diced beef and mushrooms in a rich homemade gravy (celery), served with rice ~~£16.95~~ £12.00

**Hand carved ham and coleslaw** - hand carved ham served with homemade coleslaw (egg), salad garnish and chunky chips (skin on) ~~£15.95~~ £12.00

**Homemade lasagne** - sheets of egg pasta (egg wheat) layered with homemade bolognese (celery) and white sauce (cow's milk wheat) topped with mature cheddar cheese (cow's milk) served with chunky chips (skin on) ~~£16.95~~ £12.00

**10oz gammon steak** - served with chunky chips (skin on), tomato, mushrooms and a mini corn cob ~~£14.95~~ £12.00

**Scampi** - breaded whole tail scampi (crustacean wheat) served with garden peas and chunky chips (skin on) ~~£16.95~~ £12.00

**Homemade beef chilli con carne** (medium hot) (celery) - served with rice and tortilla chips (wheat) ~~£16.95~~ £12.00

**Cheddar burger** - beef burger (sulphur) topped with melted mature cheddar cheese (cow's milk) served in a toasted bun (wheat sesame) with iceberg lettuce, fresh sliced tomato, a side of homemade coleslaw (egg) and chunky chips (skin on) ~~£16.25~~ £12.00

**Vegetable burger** - a 1/4lb breadcrumb coated vegetable burger (wheat rye) topped with sweet chilli sauce and melted brie cheese (cow's milk) served in a toasted bun (wheat sesame) with iceberg lettuce, fresh sliced tomato, a side of homemade coleslaw (egg), and chunky chips (skin on) ~~£16.25~~ £12.00

**We use shared equipment in a busy environment some food items may not be suitable for those with severe allergens**

**We cook your food from fresh so please understand that during busy periods waiting time for food will increase**

Tuesday 25 February 2025