

Shilton Eatery & Rose And Castle Eatery Lunch Time Menu

This menu is available Monday to Friday
12pm until 2.00pm
and is not available bank holidays and over
the Christmas period

This menu is not available in the evenings or
weekends

Our menu clearly states all allergens marked
in (green) contains and (purple) may contain
after the relevant food item it concerns, if
you are still uncertain on any aspect of the
menu please ask a member of staff when
ordering

Filled soft rolls

Served on a soft roll (**wheat sesame**)

Cod fish fingers three Birds Eye 100% cod fish fingers (**fish wheat**) lettuce, tomato and tartar sauce (**mustard egg**) £6.95

Fresh carved ham butter (**cow's milk**) lettuce and tomato £4.95

Sausage (**wheat sulphur cow's milk**), melted blue stilton cheese (**cow's milk**), raw red onion £5.95

Bacon, cranberry and melted brie (**cow's milk**) melted brie cheese (**cow's milk**), two slices of bacon and cranberry sauce £5.95

Mature cheddar cheese (**cow's milk**), butter (**cow's milk**) lettuce and tomato £4.50

BLT, bacon, lettuce, tomato and mayonnaise (**egg**) £5.50

Prawn (**crustacean**), lettuce, tomato with marie rose sauce (**egg**) £6.95

Beer battered onion rings (**cow's milk wheat barley mustard soya**)
Four £2.75 - Eight £4.95 - Sixteen £8.50

Thin chips (skin on) £5.25

Chunky chips (skin on) £5.25

Jacket potato

A buttered (**cow's milk**) jacket potato served with a salad garnish

Filled with baked beans and topped with grated mature cheddar cheese (**cow's milk**) and £7.95

Filled with grated mature cheddar cheese (**cow's milk**) £6.95

Filled with homemade homemade chilli con carne (**medium hot**) (**celery**) and grated mature cheddar cheese (**cow's milk**) £8.95

Filled with homemade bolognese (**celery**) and grated mature cheddar cheese (**cow's milk**) £8.95

Filled with Atlantic prawns (**crustacean**) in marie rose sauce (**egg**) £8.95

Mains Meals are only served as stated below

Sausage and mash - three Cumberland sausages (**wheat sulphur cow's milk**) served on a bed of mashed potato (**cow's milk**) topped with homemade red onion jam (**barley**) and homemade gravy (**celery**), served with garden peas ~~£15.95~~ £11.00

Spaghetti bolognese - homemade bolognese (**celery**) on a bed of spaghetti (**wheat**) and two slices of garlic bread (**wheat cow's milk**) ~~£15.95~~ £11.00

Homemade steak and mushroom casserole diced beef and mushrooms in a rich homemade gravy (**celery**), served with rice ~~£15.95~~ £11.00

Hand carved ham and coleslaw - hand carved ham served with homemade coleslaw (**egg**), salad garnish and chunky chips (skin on) ~~£14.95~~ £11.00

Homemade lasagne - sheets of egg pasta (**egg wheat**) layered with homemade bolognese (**celery**) and white sauce (**cow's milk wheat**) topped with mature cheddar cheese (**cow's milk**) served with chunky chips (skin on) ~~£15.95~~ £11.00

10oz thick cut gammon steak - served with chunky chips (skin on), tomatoes, mushroom and a mini corn cob ~~£13.95~~ £11.00

Scampi - breaded whole tail scampi (**crustacean wheat**) served with garden peas and chunky chips (skin on) ~~£15.95~~ £11.00

Homemade chilli con carne (**medium hot**) (**celery**) - served with rice and tortilla chips (**wheat**) ~~£15.95~~ £11.00

Cheddar burger - beef burger topped with melted mature cheddar cheese (**cow's milk**) served in a toasted bun (**wheat sesame**) with iceberg lettuce, fresh sliced tomato, a side of homemade coleslaw (**egg**) and chunky chips (skin on) ~~£15.25~~ £11.00

Vegetable burger - a 1/4lb breadcrumb coated vegetable burger (**wheat mustard**) topped with sweet chilli sauce and melted brie cheese (**cow's milk**) served in a toasted bun (**wheat sesame**) with iceberg lettuce, fresh sliced tomato, a side of homemade coleslaw (**egg**), and chunky chips (skin on) ~~£15.25~~ £11.00

We cook your food from fresh so please understand that during busy periods waiting time for food will increase

Thursday 5 September 2024

We use shared equipment in a busy environment some food items may not be suitable for those with severe allergens