

Vegetarian - Vegan Please let us know that you are a vegan when ordering

Goats cheese and spinach pancake - melted goats cheese (milk) in a creamy white wine sauce (dairy gluten sulphur) with fresh baby spinach leaves, onion and mushrooms wrapped in a tortilla pancake (gluten) and topped with goats cheese (milk) served with chunky chips £12.95

Homemade mixed bean chilli (suitable for vegans) - butter beans, kidney beans, chickpeas, borlotti beans, diced onion, fresh garlic, tomatoes, diced pepper and fresh chillies (medium hot) served with rice and tortilla chips (gluten) £12.95

Vegetarian burger - compressed vegetable burger covered in bread crumbs (milk gluten egg) served in a toasted bun (gluten) with chunky chips and homemade coleslaw (egg) £10.95

Vegetable fajitas (suitable for vegans without the cheese, garlic butter garlic oil instead and sour cream) - fresh peppers, mushrooms, cherry tomatoes and onion, stir fried in a homemade fresh garlic butter (dairy) and a touch of cajun spice, served with two tortilla pancakes (gluten), guacamole, and sour cream (dairy) dips, with sliced iceberg lettuce, chopped cucumber, chopped tomato and cheddar cheese (dairy) £12.95

Homemade sweet potato, chickpea and spinach curry (peanuts nut mustard) (suitable for vegans) - sweet potato, chickpeas, fresh spinach, tomatoes, coriander, ginger, chillies (medium hot) and coconut milk served with rice £12.95
Add a mini naan bread (gluten milk) £1.25

Homemade vegetable lasagne V sheets of egg pasta (egg gluten) layered with onion, fresh peppers, cherry tomatoes, broccoli, mushrooms and white sauce (gluten milk) topped with mature cheddar cheese (dairy) served with chunky chips £10.95

Thai green vegetable curry (medium hot) (suitable for vegans without the cream and prawn crackers) - Thai curry sauce with coconut milk, onion, cream (dairy), fresh baby corn, fresh peppers, peas, carrots and fresh mange tout served with rice and prawn crackers (crustacean sulphur) £13.95

Salads

Chicken and bacon caesar salad - diced chicken breast and bacon on a bed of cos lettuce tossed in caesar dressing (mustard) and topped with croutons (gluten) and dressed with parmesan shavings (dairy) £11.95

Goats cheese and bacon salad - two slices of warm goats cheese (milk) and diced bacon on a bed of iceberg lettuce, cucumber, cherry tomatoes and peppers topped with balsamic syrup (sulphur) £11.95

Fresh salmon and prawn salad - warm poached salmon (fish) and Atlantic prawns (crustacean) served with iceberg lettuce, cucumber, cherry tomatoes, onion, peppers and homemade coleslaw (egg) £14.95

Side Orders

Side salad £3.25 - Fresh seasonal vegetables £3.25 - Garden peas £1.50 - Baked beans £1.50

Homemade coleslaw (egg) £2.95 - Four beer battered onion rings (milk gluten) £1.75 - Eight £2.95

A warm ciabatta roll (gluten) and butter (dairy) £1.75 - Homemade mashed potato (dairy) £3.25 - New potatoes £2.95

Skinny chips £2.95 - Chunky chips £3.25 - Sweet potato chips £3.95 - mini naan bread (gluten milk) £1.25

[The Shilton Arms - Church Road - Shilton - Coventry - CV7 9HX - 024 76612 607 - theshiltonarms.co.uk](#)

[The Rose And Castle - Main Road - Ansty - Coventry - CV7 9HZ - 024 76612 822 - theroseandcastle.co.uk](#)

[Proprietors - Stephen Greenway and Diana Bolton](#) [Head Office - The Shilton Arms](#)

The Shilton Arms - Shilton The Rose And Castle - Ansty

Our menu clearly states all allergens marked in (green) after the relevant food item it concerns if you are still uncertain on any aspect of the menu please ask a member of staff when ordering

Starters

Homemade giant brie wedge - one giant homemade brie (dairy) wedge covered in breadcrumbs (gluten) deep fried served with a cranberry dip £5.95

Chicken liver pate (alcohol) - served with homemade red onion jam (sulphur gluten) toasted ciabatta (gluten) and butter (dairy) £5.75

Nachos for two - corn chips topped with homemade chilli con carne (medium hot) (celery) and melted grated mature cheddar cheese (dairy), served with a guacamole and sour cream dip (dairy) £7.95

Homemade soup (allergens vary please ask) - served with warm ciabatta (gluten) and butter (dairy) £4.75

Pig pudding - a thick slice of black pudding (gluten) topped with a slice of bacon and melted blue stilton cheese (dairy) £5.25

Prawn cocktail - Atlantic prawns (crustacean) topped with homemade marie rose sauce (egg) served with mixed leaves, served with a warm ciabatta (gluten) and butter (dairy) £5.95

Whitebait (fish gluten) - crumbed and deep fried served with a tartare sauce dip (mustard egg dairy) £5.75

Baked camembert (dairy) - served with homemade red onion jam (sulphur gluten) and six slices of garlic bread (gluten dairy) V £10.95

Four slices of garlic bread (dairy gluten) £3.50 - topped with cheese (dairy) V £3.95

Steaks Our steaks are supplied to us from Paul's Catering Butchers in Lutterworth, who source their produce from local farms. All approximate uncooked weights

All steaks are served with chunky chips

8oz fillet steak £23.95

12oz rib-eye steak £18.95

10oz rump steak £15.95

A jug of homemade creamy steak sauce peppered (dairy celery) or stilton (dairy) £2.95

Beer battered onion rings (milk gluten) Four £1.75 - Eight £2.95

Mix grill - a 5oz rump steak, two sausages (gluten), two slices of bacon, two slices of black pudding (gluten) one egg (egg), liver and baked beans, served with chunky chips and a garnish of mushrooms and half a tomato £17.95

10oz gammon steak £10.95

gammon steak with two eggs (egg) £11.95

gammon steak with two slices of fresh pineapple £11.95

We cook your food from fresh so please understand that during busy periods waiting time for food will increase

Homemade burgers

Our 8oz (approximate uncooked weight) burgers are made with 100% beef, onion, salt and pepper and are served in a toasted bun (gluten) with homemade coleslaw (egg), and chunky chips or swap them for sweet potato chips for £1 more

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| Plain burger - beef burger with nothing on | £10.75 |
| Cheddar burger - beef burger topped with a thick slice of melted cheddar cheese (dairy) | £11.25 |
| Cheddar and bacon burger - beef burger topped with a thick slice of melted mature cheddar cheese (dairy) and bacon | £11.75 |
| Cheesy after burn burger - beef burger topped with fresh raw chillies (medium hot) and melted cheddar (dairy) | £11.75 |
| Goats cheese and bacon burger - beef burger topped with warm goats cheese (milk), homemade red onion jam (sulphur gluten) and bacon | £11.75 |
| Stilton and red onion burger - beef burger with a thick slice of melted blue stilton cheese (dairy) and raw red onion | £11.50 |
| Sweet chilli and brie burger - beef burger topped with melted brie cheese (dairy) and sweet chilli sauce (peanuts nuts sesame) (medium hot) | £11.25 |
| Mexican burger - beef burger topped with homemade chilli con carne (celery) | £11.95 |
| Italian burger - beef burger topped with homemade bolognese (celery) | £11.95 |
| Cheesy chicken and bacon burger - chicken breast topped with a slice of bacon and a thick slice of melted mature cheddar cheese (dairy) | £11.95 |
| The double barbecue, cheddar and bacon burger - two prime 8oz homemade beef burgers filled with four slices of bacon, thick sliced melted mature cheddar cheese (dairy), barbecue sauce, iceberg lettuce and fresh sliced tomato | £15.95 |
| Beer battered onion rings (milk gluten) Four £1.75 - Eight £2.95 | |
| Homemade coleslaw (egg) £2.95 | |

Fish

All our fish are sourced from sustainable stock

Attention - although every care has been taken to remove bones some may remain

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| Homemade fish pie - Atlantic prawns (crustacean) with diced salmon (fish) and cod (fish) in a white sauce (gluten dairy) topped with sliced new potatoes and cheese (dairy), served with fresh seasonal vegetables | £12.95 |
| Fresh cod and chips 12oz - 14oz of fresh cod (fish) hand dipped in a homemade batter (gluten mustard) served with mushy peas and chunky chips | £14.95 |
| Posh fish and chips - two fillets of grilled sea bass (fish) served with crushed minted pea purée and sweet potato fries | £14.95 |
| Lemon and dill sea bass - two fillets of grilled sea bass (fish) topped with lemon and dill butter (dairy) served with fresh vegetables | £13.95 |
| Cherry sea bass - two fillets of grilled sea bass (fish) topped with pan fried cherry tomatoes in balsamic vinegar, served with fresh vegetables | £13.95 |

Everything else

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| Homemade chilli con carne (medium hot) (celery) - served with rice with tortilla chips (gluten) | £11.25 |
| Spaghetti bolognese - homemade bolognese (celery) on a bed of spaghetti (egg gluten) served with parmesan shavings (dairy) and two slices of garlic bread (gluten dairy) | £11.25 |
| Chicken fajitas - fresh peppers, mushrooms, cherry tomatoes and onion, stir fried in a homemade garlic butter (dairy) and a touch of cajun spice, served with two tortilla pancakes (gluten), guacamole and sour cream (dairy) dips with sliced iceberg lettuce, chopped cucumber, chopped tomato and mature cheddar cheese (dairy) | £14.95 |
| Thai green chicken curry (medium hot) - diced chicken breast in a green Thai curry sauce with coconut milk, onion, cream (dairy), fresh baby corn, fresh peppers and fresh mange tout served with rice and prawn crackers (crustacean sulphur) | £13.95 |
| Sausage and mash - three Cumberland sausages (gluten) served with homemade mashed potato (milk dairy) topped with homemade gravy (celery) and served with garden peas | £11.25 |
| Homemade steak and mushroom pie - diced beef and mushrooms in a rich homemade gravy (celery) topped with a flaky pastry lid (gluten dairy), served with garden peas and chunky chips | £11.25 |
| Homemade steak and stilton pie - diced beef and mushrooms in a rich homemade gravy (celery) topped with melted blue stilton cheese (dairy) and a flaky pastry lid (gluten dairy), served with garden peas and chunky chips | £12.25 |
| Creamy peppered steak and chicken - strips of chicken and rump steak in a homemade creamy peppered sauce (dairy), served with chunky chips | £14.95 |
| Village chicken - prime chicken breast topped with barbecue sauce, bacon, fresh pineapple and mature cheddar cheese (dairy) served with chunky chips | £13.95 |
| Hand carved ham and coleslaw - home cooked and hand carved ham served with homemade coleslaw (egg) and chunky chips | £11.25 |
| Liver and mash - fresh lambs liver with onion and bacon in a rich homemade gravy (celery) on a bed of homemade mashed potato (milk dairy) and served with garden peas | £11.25 |
| Creamy peppered chicken - sliced chicken breast in a homemade creamy (dairy) cracked black peppered sauce (celery) served with chunky chips | £13.95 |
| Meal size prawn cocktail - Atlantic prawns (crustacean) topped with marie rose sauce (egg), served with a salad garnish and chunky chips | £12.25 |
| Stilton chicken - prime chicken breast topped with a creamy (dairy) blue stilton (dairy), diced bacon and leek sauce served with chunky chips | £13.95 |
| Homemade lasagne - sheets of egg pasta (egg gluten) layered with homemade bolognese (celery) and white sauce (dairy) topped with a mature cheddar cheese (dairy) served with chunky chips | £11.25 |

No room left for dessert ? - we now do take away for most of our desserts