

Vegetarian - Vegan Please let us know that you are a vegan when ordering

Goats cheese and spinach pancake - melted goats cheese (milk) in a creamy white wine sauce (dairy gluten sulphur) with fresh baby spinach leaves, onion and mushrooms wrapped in a tortilla pancake (gluten) and topped with goats cheese (milk) served with mixed leaves and chunky chips £11.95

Homemade mixed bean chilli (suitable for vegans) - butter beans, kidney beans, chickpeas, borlotti beans, diced onion, fresh garlic, tomatoes, diced pepper and fresh chillies (medium hot) served on a bed of rice with tortilla chips (gluten) £10.95

Homemade spiced mix bean, lentil and pine nut burger (gluten nut) (suitable for vegans) (medium hot) - topped with iceberg lettuce and sliced tomato served in a toasted bun (gluten) with chunky chips and mixed leaves £10.95

Vegetable fajitas (suitable for vegans without the cheese, garlic butter garlic oil instead and sour cream) - fresh peppers, mushrooms, cherry tomatoes and onion, stir fried in a homemade fresh garlic butter (dairy) and a touch of cajun spice, served with two tortilla pancakes (gluten), guacamole, and sour cream (dairy) dips, with sliced iceberg lettuce, chopped cucumber, chopped tomato and cheddar cheese (dairy) £12.95

Homemade sweet potato, chickpea and spinach curry (peanuts nut mustard) (suitable for vegans) - sweet potato, chickpeas, fresh spinach, tomatoes, coriander, ginger, chillies (medium hot) and coconut milk served with rice £11.95

Homemade vegetable lasagne V sheets of egg pasta (egg gluten) layered with onion, fresh peppers, cherry tomatoes, broccoli, mushrooms and white sauce (gluten milk) topped with cheese (dairy) served with mixed leaves and chunky chips £10.95

Thai green vegetable curry (medium hot) (suitable for vegans without the cream and prawn crackers) - Thai curry sauce with coconut milk, onion, cream (dairy), fresh baby corn, fresh peppers, peas, carrots and fresh mange tout served with rice and prawn crackers (crustacean sulphur) £11.95

Salads

Chicken and bacon caesar salad - diced chicken breast and bacon on a bed of cos lettuce tossed in caesar dressing (mustard) and topped with croutons (gluten) and dressed with parmesan shavings (dairy) £11.95

Feta and olive caesar salad V - feta cheese (milk), Halkidiki and Kalamata olives, on a bed of cos lettuce tossed in caesar dressing (mustard) and topped with croutons (gluten) dressed with parmesan shavings (dairy) £10.25

Goats cheese and bacon salad - two slices of warm goats cheese (milk) and diced bacon on a bed of iceberg lettuce, cucumber, cherry tomatoes and peppers topped with balsamic syrup (sulphur) £11.95

Fresh salmon and prawn salad - warm poached salmon (fish) and Atlantic prawns (crustacean) on a bed of iceberg lettuce, cucumber, cherry tomatoes, onion, peppers and homemade coleslaw (egg) £14.95

Fresh hand carved ham and chicken salad - home cooked and hand carved ham, strips of chicken breast with iceberg lettuce, cucumber, cherry tomatoes, onion, peppers and homemade coleslaw (egg) £11.95

Side Orders

Side salad £2.95 - Fresh seasonal vegetables £2.95 - Garden peas £1.50 - Boiled rice £2.95 - Baked beans £1.50

Homemade coleslaw (egg) £2.75 - Four beer battered onion rings (milk gluten) £1.50 - Eight £2.75 - Sixteen £4.95

A warm ciabatta roll (gluten) and butter (dairy) £2.25 - Homemade mashed potato (dairy) £2.95 - New potatoes £2.95

Jacket potato £2.95 - Skinny chips £2.95 - Chunky chips £2.95 - Sweet potato chips £3.95

The Shilton Arms - Church Road - Shilton - Coventry - CV7 9HX - 024 76612 607 - theshiltonarms.co.uk

The Rose And Castle - Main Road - Ansty - Coventry - CV7 9HZ - 024 76612 822 - theroseandcastle.co.uk

Proprietors - Stephen Greenway and Diana Bolton

Head Office - The Shilton Arms

The Shilton Arms - Shilton The Rose And Castle - Ansty

Our menu clearly states all allergens marked in (green) after the relevant food item it concerns if you are still uncertain on any aspect of the menu please ask a member of staff when ordering

Starters

Chicken liver pate (alcohol) - served with homemade red onion jam (sulphur gluten) toasted ciabatta (gluten) and butter (dairy) £5.25

Smoked salmon and prawns - smoked salmon (fish) and Atlantic prawns (crustacean) on a bed of mixed leaves with cream cheese (dairy) £5.95

Homemade giant brie wedge - one giant homemade brie (dairy) wedge covered in breadcrumbs (gluten) deep fried served with a cranberry dip £5.95

Bread, olives and oil - served with warm ciabatta (gluten), Halkidiki and Kalamata olives, garlic oil and chilli oil V £4.95

Homemade soup (allergens vary please ask) - served with warm ciabatta (gluten) and butter (dairy) £4.75

Pig pudding - a thick slice of black pudding (gluten) topped with a slice of bacon and melted stilton cheese (dairy) £4.95

Prawn cocktail - Atlantic prawns (crustacean) topped with marie rose sauce (egg) served with mixed leaves, served with a warm ciabatta roll (gluten) and butter (dairy) £5.75

Deep fried mushrooms - deep fried mushrooms (dairy gluten) served with a homemade fresh garlic dip (egg) V £4.50

Whitebait (fish gluten) - crumbed and deep fried served with a tartare sauce dip (mustard egg dairy) £5.75

Baked camembert (dairy) - served with homemade red onion jam (sulphur gluten) and six slices of garlic bread (gluten dairy) V £8.95

Four slices of garlic bread (dairy gluten) £3.25 - topped with cheese (dairy) V £3.75 with cheese (dairy) and tomato V £3.95 - with cheese (dairy) and bacon £3.95 with cheese (dairy) and fresh chillies (medium hot) V £3.95

Steaks

Our steaks are supplied to us from Paul's Catering Butchers in Lutterworth, who source their produce from local farms. All approximate uncooked weights

All steaks are served with chunky chips, a garnish of mushrooms and half a tomato

8oz fillet steak £23.95 - **10oz rib-eye steak** £16.95 - **10oz rump steak** £15.95

8oz sirloin steak £15.95 - **10oz gammon steak** £9.95 - **gammon steak with two eggs** (egg) £10.95

gammon steak with two slices of fresh pineapple £10.95

Beer battered onion rings (milk gluten) Four £1.50 - Eight £2.75 - Sixteen £4.95

A jug of homemade creamy steak sauce

peppered (dairy celery), stilton (dairy), Diane (dairy celery) or cajun sauce (dairy celery) £2.95

The mix grill - a 5oz rump steak, two sausages (gluten), two slices of bacon, two slices of black pudding (gluten) one egg (egg), liver and baked beans, served with chunky chips and a garnish of mushrooms and half a tomato £17.95



We cook your food from fresh so please understand that during busy periods waiting time for food will increase

Homemade burgers

Our 8oz (approximate uncooked weight) burgers are made with 100% beef, onion, salt and pepper and are served in a toasted bun (gluten) with homemade coleslaw (egg), a garnish of leaves and chunky chips or sweet potato chips for £1 more

Plain burger - beef burger with nothing on	£10.50
Cheddar burger - beef burger topped with a thick slice of melted cheddar cheese (dairy)	£11.25
Cheddar and bacon burger - beef burger topped with a thick slice of melted cheddar cheese (dairy) and bacon	£11.75
Goats cheese and bacon burger - beef burger topped with warm goats cheese (milk), homemade red onion jam (sulphur gluten) and bacon	£11.75
Stilton and red onion burger - beef burger with a thick slice of melted stilton cheese (dairy) and raw red onion	£11.25
Brie burger - beef burger topped with melted brie cheese (dairy)	£11.25
Cheesy after burn burger - beef burger topped with fresh chillies (medium hot) and melted cheddar (dairy)	£11.50
Cheesy chicken and bacon burger - chicken breast topped with a slice of bacon and a thick slice of melted cheddar cheese (dairy)	£11.25
The farmhouse burger - beef burger topped with fresh sliced red onion, and chicken liver pate (alcohol)	£11.95
The double barbecue, cheddar and bacon burger - two prime 8oz homemade beef burgers filled with four slices of bacon, thick sliced melted cheddar cheese (dairy), barbecue sauce, iceberg lettuce and fresh sliced tomato	£15.95
Beer battered onion rings (milk gluten) Four £1.50 - Eight £2.75 - Sixteen £4.95 - Homemade coleslaw (egg) £2.75	

Fish

All our fish are sourced from sustainable stock

Attention - although every care has been taken to remove bones some may remain

Homemade fish pie - Atlantic prawns (crustacean) with diced salmon (fish) and cod (fish) in a white sauce (gluten dairy) topped with sliced new potatoes and cheese (dairy), served with fresh seasonal vegetables	£12.95
Fresh cod and chips large fresh cod (fish) in a homemade batter (gluten mustard) served with mushy peas and chunky chips	£13.95
Lemon and dill sea bass two fillets of sea bass (fish) topped with lemon and dill butter (dairy) served with new potatoes and fresh vegetables	£13.95
Greek sea bass - two fillets of sea bass (fish) topped with pan fried onion, fresh peppers, feta cheese (milk), and Halkidiki and Kalamata olives, served with new potatoes	£14.95
Scampi - whole tail scampi (crustacean gluten) served with garden peas and chunky chips	£10.95
Saucy salmon - fresh salmon (fish) topped with prawns (crustacean) in a creamy white wine sauce (dairy alcohol sulphur) served with new potatoes	£14.95

Everything else

Chicken fajitas - fresh peppers, mushrooms, cherry tomatoes and onion, stir fried in a homemade garlic butter (dairy) and a touch of cajun spice, served with two tortilla pancakes (gluten), guacamole and sour cream (dairy) dips with sliced iceberg lettuce, chopped cucumber, chopped tomato and cheddar cheese (dairy)	£14.95
Thai green chicken curry (medium hot) - diced chicken breast in a green Thai curry sauce with coconut milk, onion, cream (dairy), fresh baby corn, fresh peppers and fresh mange tout served with rice and prawn crackers (crustacean sulphur)	£13.95
Quigley's faggots - two faggots (gluten) topped with homemade gravy (celery), served with mushy peas and chunky chips	£10.95
Sausage and mash - three Cumberland sausages (gluten) served on a bed of homemade mashed potato (milk dairy) topped with homemade gravy (celery) and served with garden peas	£10.95
Homemade steak and mushroom pie - diced beef and mushrooms in a rich homemade gravy (celery) topped with a flaky pastry lid (gluten dairy), served with garden peas and chunky chips	£10.95
Homemade steak and stilton pie - diced beef and mushrooms in a rich homemade gravy (celery) topped with melted stilton cheese (dairy) and a flaky pastry lid (gluten dairy), served with garden peas and chunky chips	£11.95
Creamy cajun chicken - sliced chicken breast, prawns (crustacean) and peas in a creamy (dairy) cajun sauce (celery) served with chunky chips	£13.95
Village chicken - prime chicken breast topped with barbecue sauce, bacon, fresh pineapple and cheddar cheese (dairy) and served with chunky chips	£13.95
Hand carved ham and coleslaw - home cooked and hand carved ham served with homemade coleslaw (egg), salad garnish and chunky chips	£10.95
Liver and mash - fresh lambs liver with onion and bacon in a rich homemade gravy (celery) on a bed of homemade mashed potato (milk dairy) and served with garden peas	£10.95
Creamy peppered steak and chicken - strips of chicken and rump steak in a homemade creamy peppered sauce (dairy) served with chunky chips	£14.95
Creamy peppered chicken - sliced chicken breast in a homemade creamy (dairy) cracked black peppered sauce (celery) served with chunky chips	£13.95
Meal size prawn cocktail - Atlantic prawns (crustacean) topped with marie rose sauce (egg), served with a salad garnish and chunky chips	£11.95
Chicken Maurice - prime chicken breast topped with smoked salmon (fish), Atlantic prawns (crustacean) and melted brie (dairy), served with chunky chips	£14.95
Stilton chicken - prime chicken breast topped with a creamy (dairy) stilton (dairy), diced bacon and leek sauce served with chunky chips	£13.95
Homemade lasagne - sheets of egg pasta (egg gluten) layered with homemade bolognese (celery) and white sauce (dairy) topped with cheese (dairy) served with mixed leaves and chunky chips	£10.95

No room left for dessert ? - we now do take away for most of our desserts